

## Chronic Condition Prevalence in the 50+ US Population

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This Fact Sheet is based on analysis of data from the Medical Expenditure Panel Survey Household Component (2009), a nationally representative longitudinal survey of the civilian, non-institutional population of the US cosponsored by the Agency for Healthcare Research and Quality and the National Center for Health Statistics.

| Rank | Chronic Condition <sup>1</sup> | All 50+ | White | Black | Hispanic | Other |
|------|--------------------------------|---------|-------|-------|----------|-------|
| 1    | Hypertension                   | 51.2%   | 50.2% | 61.9% | 47.3%    | 50.6% |
| 2    | Cholesterol                    | 44.0%   | 45.3% | 38.7% | 38.3%    | 43.2% |
| 3    | Heart Disease <sup>2</sup>     | 22.3%   | 24.2% | 18.5% | 14.9%    | 15.0% |
| 4    | Mental illness <sup>3</sup>    | 21.3%   | 23.4% | 12.7% | 16.4%    | 14.7% |
| 5    | Diabetes                       | 18.8%   | 17.1% | 24.7% | 23.8%    | 24.2% |
| 6    | Arthritis <sup>4</sup>         | 17.4%   | 18.5% | 14.8% | 13.7%    | 12.1% |
| 7    | Cancer                         | 15.2%   | 17.8% | 7.2%  | 7.3%     | 6.1%  |
| 8    | Back Problems                  | 14.5%   | 16.0% | 9.7%  | 10.0%    | 8.7%  |
| 9    | COPD                           | 14.0%   | 14.9% | 11.8% | 10.4%    | 10.5% |

<sup>1</sup> Chronic conditions represent self reported non-acute conditions.

<sup>2</sup> Category includes congestive heart failure, cardiac arrhythmia and other chronic heart diseases.

<sup>3</sup> Category includes anxiety, mood disorders (including depression), personality disorders, schizophrenia and other psychotic disorders, history of mental illness, and miscellaneous mental disorders. It does not include dementia or alcohol or substance abuse.

<sup>4</sup> Category includes rheumatoid arthritis and osteoarthritis.

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