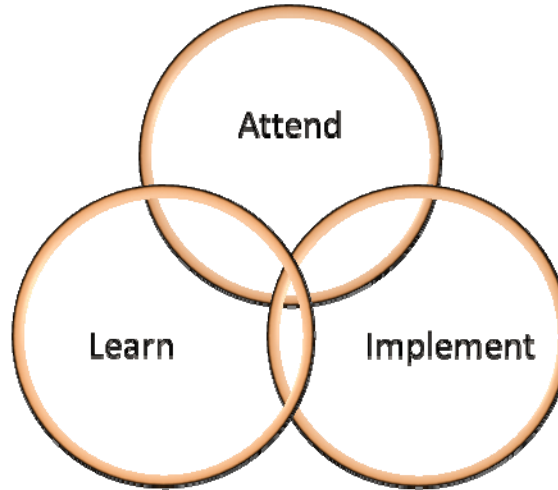


Kansas City Regional Arthritis Center
Saint Luke's Hospital
4401 Wornall Road, M4
Kansas City, MO 64111



Continuing Education Program

**Rheumatoid
Arthritis:
Past
Present
Future**

FREE Program for Nurses and Allied Health
Professionals

Program is approved for 4.0 Contact Hours

Target Audience:

Advanced Practice
Nurses
Registered Nurses
Licensed Practical Nurses
Physical Therapists
Occupational Therapists
Occupational Nurses
Social Workers
Nurse Case Managers

**Friday, March 8, 2013
8 a.m. to 1 p.m.**

**Kauffman Foundation
Conference Center**

**4801 Rockhill Road
Kansas City, MO**

Learn tips and techniques for working with rheumatoid arthritis patients.

Agenda

Saint Luke's Hospital is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

4 contact hours.



Program funded by the Kansas City Regional Arthritis Center (RAC) at Saint Luke's Hospital. The RAC is funded by Contract through the Missouri Arthritis and Osteoporosis Program (MAOP), University of Missouri, Columbia, MO. Non-financial support provided by the Arthritis Foundation – Heartland Region.

8:00 AM – 8:15 AM – Registration

8:15 AM – 8:30 AM – Welcome and Introductions

8:30 AM – 9:15 AM – Understanding the Disease of Rheumatoid Arthritis (to cover diagnosis and prognosis in adults and kids), Michael Smith, M.D.

9:15 AM – 10:00 AM – Treatment Options for the RA Patient: From NSAIDS to Biologics – Michael Smith, M.D.

10:00 AM – 10:15 AM – Break

10:15 AM – 11:15 AM – Monitoring the RA Patient (for risks, cardiac considerations, adverse reactions, quality of life, etc.) – Dee

Harris, RN, BSN, and Armida Torres, BSN, CMSRN, CCRN, MPA

11:15 AM – 11:45 AM – Role of PT and OT in the RA Patient – Sheila Luetkemeyer, PT, SLH Rehab Dept.

11:45 AM – 12:00 PM – Break and pick up box lunch

12:00 PM – 12:30 PM – Hand Therapy in the RA Patient – Jackie Wallman, OTR, CHT, SLH Outpatient Rehab Dept

12:30 PM – 1:00 PM – Role of Self-Management in the RA Patient – presentation on evidence-based programs by Orvie Prewitt (RAC) and Steve Rock (Arthritis Foundation)

For more information on the Kansas City Regional Arthritis Center, visit: www.moarthritis.org

Objectives:

- ✓ Describe the symptoms, characteristics, and common co-morbidities of Rheumatoid Arthritis
- ✓ Describe cardiac considerations in Rheumatoid Arthritis associated with inflammation
- ✓ Describe and profile the vast age range from children to the elderly who deal with Rheumatoid Arthritis
- ✓ Describe the current treatment guidelines for Rheumatoid Arthritis
- ✓ Describe the roles of nurses, physical therapists, and occupational therapists in the management and treatment of Rheumatoid Arthritis
- ✓ Describe the evidence-based approaches to treatment of Rheumatoid Arthritis
- ✓ Identify services available in the community for individuals with Rheumatoid Arthritis and their families

Register online at:

<https://www.saintlukeshealthsystem.org/event/rheumatoid-arthritis-past-present-and-future>

To register by phone, call Saint Luke's Concierge at 816-932-5100 or toll-free 855-932-5100