



MISSOURI REGIONAL ARTHRITIS CENTERS

Missouri Arthritis & Osteoporosis Program
University of Missouri - Columbia
Missouri Department of Health & Senior Services
www.moarthritis.org

Central Missouri

Central Missouri Regional Arthritis Center
University of Missouri-School of Health Professions
1205 University Place; Suite 1100
Columbia, MO 65211

Contact: **Liz Harrison**
Phone: (573) 882-1498
Fax: (573) 884-5768
E-Mail: rainee@health.missouri.edu

Kansas City Area

KC Area Regional Arthritis Center
Saint Luke's Hospital
4401 Wornall Road M4
Kansas City, Missouri 64111-3238

Contact: **Orvie Prewitt**
Phone: (816) 932-2351
Cell Phone: (816) 305-4009
Fax: (816) 932-6211
Email: oprewitt@saint-lukes.org

Eastern Missouri

Eastern Missouri Regional Arthritis Center
Washington University School of Medicine
4444 Forest Park Ave.
Campus Box 8505
St. Louis, Missouri 63108

Program of Occupational Therapy
Contact: **Duana Russell-Thomas**
Phone: (314) 286-1625
Fax: (314) 286-1601
E-Mail: duanacrussell@wustl.edu

Northeast Missouri

Northeast Missouri Regional Arthritis Center
A.T. Still University
800 West Jefferson Street
Kirksville, Missouri 63501-1497

Contact: **Arielle Willis**
Phone: (660) 626-2049 or
1-866-626-2878 ext. 2049
Fax: (660) 626-2928
E-Mail: ariellewillis@atsu.edu

Northwest Missouri

Northwest Missouri Regional Arthritis Center
(Arthritis Community Services)
Mosaic Life Care – Plaza I
802 N. Riverside, Suite 160
St. Joseph, Missouri 64507

Contact: **Debbie Braby**
Phone: (816) 271-7057 or 1-800-443-8858
Fax: (816) 271-7409
E-Mail: Debbie.braby@mymhc.com

Southeast Missouri

Southeast Missouri Regional Arthritis Center
Mississippi County Health Department
1200 East Marshall
Charleston, MO 63834

Contact: **Becky Kuykendall**
Phone: (573) 683-2191
Fax:
E-Mail: bkuykendall@misscohealth.com

Southwest Missouri

Southwest Missouri Regional Arthritis Center
Mercy Clinic – SCG
Arthritis Center
3231 S. National, Suite 400
Springfield, Missouri 65807

Contact: **Heather Scott**
Phone: (417) 888-6787
Fax: (417) 888-6786
E-Mail: Heather.Scott2@Mercy.Net

STATE-WIDE PROGRAM CONTACT

Missouri Arthritis & Osteoporosis Program
University of Missouri-School of Health Professions
1205 University Avenue; Suite 1100
Columbia, Missouri 65211

Contact: **Beth Richards, Director**
Local Phone: (573) 884-1220
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ARTHRITIS: KNOW THE FACTS!

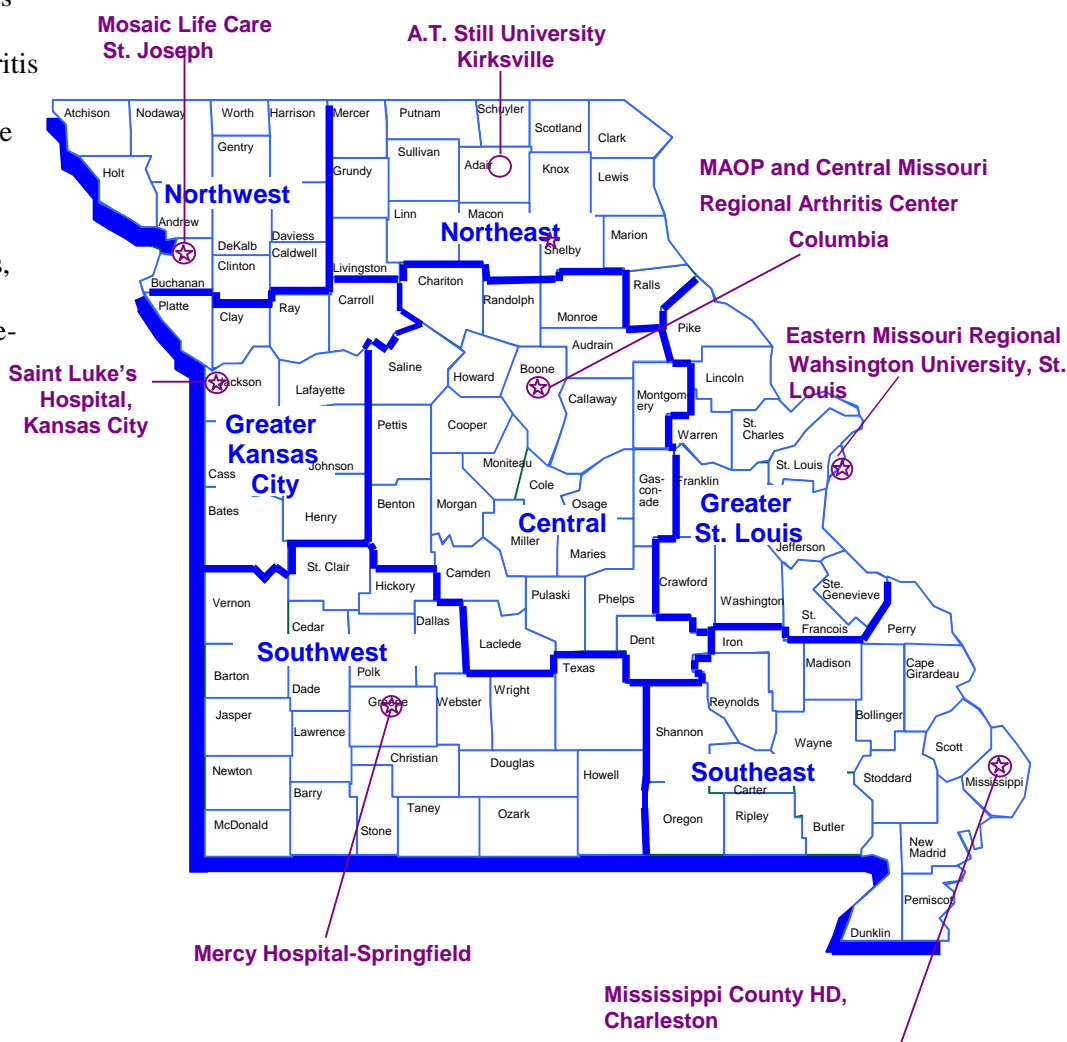
1. Nationally, arthritis is the leading cause of **disability**.
2. Arthritis constitutes **the most widespread disabling condition in Missouri, effecting 1.3 million**.
3. **48%** of adult Missourians report activity limitations due to arthritis or joint symptoms.
4. Almost **1/2** of Missouri adults report pain, aching, or stiffness, in and around a joint.
5. **622,000** Missouri adults report activity limitations due to arthritis or joint symptoms.
6. **54%** of Missouri adults with **diabetes** also have arthritis.
7. **38%** of Missouri adults with arthritis are **inactive**.

The Missouri Arthritis & Osteoporosis Program

The Missouri Department of Health and Senior Service’s Arthritis and Osteoporosis Program (MAOP) promotes optimal quality of life for all Missourians affected by rheumatic disease through early intervention, education, service, and collaboration.

The MAOP has a statewide network of Regional Arthritis Centers that provide information and support for persons and families affected by arthritis. This includes managing regional partnerships and organizing arthritis and chronic disease self-management courses and exercise programs.

In addition, the RACs organize regional arthritis advisory boards, partner with area physicians in recruitment of clients to evidence-based courses, and provide lending libraries of rheumatic condition related information.



**NEED MORE HELP?
Contact your local
RAC.**

See other side for complete listing.
Hearing-impaired citizens’ telephone 1-800-735-2966.