MISSOURI REGIONAL ARTHRITIS CENTERS
Missouri Arthritis & Osteoporosis Program
University of Missouri - Columbia
Missouri Department of Health & Senior Services
www.moarthritis.org

Central Missouri
Central Missouri Regional Arthritis Center
University of Missouri-School of Health Professions
1205 University Place; Suite 1100
Columbia, MO 65211
Contact: Beth Richards (interim)
Phone: (573) 884-1220
Fax: (573) 884-5768
E-Mail: richardsjo@missouri.edu

Kansas City Area
KC Area Regional Arthritis Center
Saint Luke’s Hospital
4401 Wornall Road M4
Kansas City, Missouri 64111-3238
Contact: Orvie Prewitt
Phone: (816) 932-2351
Cell Phone: (816) 305-4009
Fax: (816) 932-6211
Email: oprewitt@saint-lukes.org

Eastern Missouri
Eastern Missouri Regional Arthritis Center
Washington University School of Medicine
4444 Forest Park Ave.
Campus Box 8505
St. Louis, Missouri 63108
Program of Occupational Therapy
Contact: Duana Russell-Thomas
Phone: (314) 286-1625
Fax: (314) 286-1601
E-Mail: duanacrussell@wustl.edu

Northeast Missouri
Northeast Missouri Regional Arthritis Center
A.T. Still University
800 West Jefferson Street
Kirkville, Missouri 63501-1497
Contact: DeEtta Jones
Phone: (660) 626-2049 or 1-866-626-2878 ext. 2049
Fax: (660) 626-2928
E-Mail: dajones01@atsu.edu

Northwest Missouri
Northwest Missouri Regional Arthritis Center
(Arthritis Community Services)
Mosaic Life Care – Plaza I
802 N. Riverside, Suite 160
St. Joseph, Missouri 64507
Contact: Debbie Braby
Phone: (816) 271-7057 or 1-800-443-8858
Fax: (816) 271-7409
E-Mail: Debbie.braby@mymlc.com

Southeast Missouri
Southeast Missouri Regional Arthritis Center
Mississippi County Health Department
1200 East Marshall
Charleston, MO 63834
Contact: Anita Blissett
Phone: (573) 683-2191
Fax:
E-Mail: ablissett@misscohealth.com

Southwest Missouri
Southwest Missouri Regional Arthritis Center
Mercy Clinic – SCG Arthritis Center
3231 S. National, Suite 400
Springfield, Missouri 65807
Contact: Heather Scott
Phone: (417) 888-6787
Fax: (417) 888-6786
E-Mail: Heather.Scott2@Mercy.Net

STATE-WIDE PROGRAM CONTACT
Missouri Arthritis & Osteoporosis Program
University of Missouri-School of Health Professions
1205 University Avenue; Suite 1100
Columbia, Missouri 65211
Contact: Beth Richards, Director
Local Phone: (573) 884-1220
Toll Free Line: 888-702-8818
Fax: (573) 884-5412
E-Mail: richardsjo@missouri.edu
ARTHRITIS: KNOW THE FACTS!

1. Nationally, arthritis is the leading cause of disability.
2. Arthritis constitutes the most widespread disabling condition in Missouri, effecting 1.3 million.
3. 48% of adult Missourians report activity limitations due to arthritis or joint symptoms.
4. Almost ½ of Missouri adults report pain, aching, or stiffness, in and around a joint.
5. 622,000 Missouri adults report activity limitations due to arthritis or joint symptoms.
6. 54% of Missouri adults with diabetes also have arthritis.
7. 38% of Missouri adults with arthritis are inactive.

The Missouri Arthritis & Osteoporosis Program

The Missouri Department of Health and Senior Service’s Arthritis and Osteoporosis Program (MAOP) promotes optimal quality of life for all Missourians affected by rheumatic disease through early intervention, education, service, and collaboration.

The MAOP has a statewide network of Regional Arthritis Centers that provide information and support for persons and families affected by arthritis. This includes managing regional partnerships and organizing arthritis and chronic disease self-management courses and exercise programs.

In addition, the RACs organize regional arthritis advisory boards, partner with area physicians in recruitment of clients to evidence-based courses, and provide lending libraries of rheumatic condition related information.

NEED MORE HELP?
Contact your local RAC.

See other side for complete listing.
Hearing-impaired citizens’ telephone 1-800-735-2966.

EEO/AAP services provided on a non-discriminatory basis